Keep your pets safe during hot weather.

**BE PREPARED:**
- Talk to your veterinarian about warm weather risks for pets (and travel safety if you plan to travel with a pet)
- Make sure your pets have unlimited access to fresh water, and access to shade when outside
- Keep your pet free of parasites that are more common during warm weather, such as fleas, ticks and heartworm

**KEEP PETS AT HOME:**
- Provide different temperature zones within your house for your pet’s comfort
- Never leave a pet in the car, even in the shade or with windows cracked. Cars can overheat quickly to deadly temperatures, even when the weather isn’t severe

**KEEP THEM COMFORTABLE:**
- If it’s hot outside for you, it’s even hotter for your pet
- Take walks, hikes or runs during the cooler hours of the day
- Avoid hot surfaces, such as asphalt, that can burn your pet’s paws
- Ask your veterinarian if your pet would benefit from a warm-weather haircut or sunscreen

**IF YOU WALK, HIKE OR RUN WITH YOUR PET:**
- Consult your veterinarian prior to starting an exercise program for your pet. Overweight pets and short-nosed dog breeds have higher risk of problems with warm-weather exercise
- Don’t walk, run or hike with a dog during the hottest parts of the day or on particularly warm days
- Take frequent breaks, and take enough water for yourself and your dog

For more information visit: AVMA.org/PetHealth

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Ask your veterinarian how to recognize signs of heat stress, and seek emergency veterinary care if you observe any of these signs:
- Anxiousness
- Excessive panting
- Restlessness
- Excessive drooling
- Unsteadiness
- Abnormal gum and tongue color
- Collapse