**THE ISSUE**
The tail of lambs is shortened, typically using a constricting rubber band, docking iron (hot blade)\(^1\) or a combination of the rubber band and a bloodless castrator,\(^2,3\) to reduce fecal soiling\(^4\) and fly strike.\(^5\) Fly strike is a painful condition caused by blowflies that lay their eggs on the sheep. The maggots then burrow into the flesh and poison the sheep with the ammonia they secrete. As the sheep’s skin becomes irritated, additional flies are attracted to the site. A sheep can die within three to six days of onset of fly strike.\(^5\) Though tail docking has not been shown to consistently improve growth rate, studies have shown that tail docking can increase feed efficiency, reproductive capacity, live weight gain, and heat stress tolerance.\(^6\)

**WELFARE CONCERNS**
Tail docking induces considerable discomfort in young lambs.\(^7\) Short docking of the tails of lambs has also been linked to increased incidence of rectal prolapse.

**Short docks**—Docking of the tails of show lambs may sometimes involve amputation of the entire tail to give a fuller appearance to the rump (short docking).

Three large studies tracked the incidence of prolapse in lambs whose tails were docked at different lengths. Those whose tails were docked at the end of the caudal fold had a significantly lower incidence of prolapse than those whose tails were short docked, but the effect was small, partly due to a low overall incidence of prolapse (1\% vs. 6\%, rd=.05 z=6.1, p<.0001).\(^8,9,10\)

Other factors have also been implicated in the incidence of prolapse including raising in feedlots\(^11\), coughing, and sex (females at higher risk).\(^12,13\) The appearance of short docks increasing risk of prolapse may be a result of these confounding variables.\(^8,9,14,15\) Nevertheless, a minimum length of tail to qualify

---

**Figure 1.** Forest plot showing a meta-analysis of three studies reporting incidence of rectal prolapse in sheep with short versus long (beyond the caudal fold) tail docks.
for showing has been proposed\textsuperscript{11} and implemented in some states. The appropriate length for docking is variously expressed as visibility of 0.7 inches of tail, docking at the third or fourth coccygeal vertebrae, or docking at the end of the caudal fold/hairless under-tail area.

**Pain**—Active behavioral responses indicating pain are restlessness, rolling, easing quarters (the hind quarters are moved slowly and alternately without locomotion), stamping, kicking, head turning and vocalization by the lamb.\textsuperscript{2,3,11} High concentrations of cortisol in the blood are also associated with pain and distress.\textsuperscript{2,5,16} Increased active behavior, as well as elevated peak blood cortisol concentrations are seen in lambs undergoing tail docking.\textsuperscript{2,3,12}

**Techniques**

**Rubber ring**—One technique for docking tails is use of an elastrator to apply a tight latex band (rubber ring docking). The use of latex bands produces highly variable responses, not only among lambs, but within the same animal if the band is removed and then replaced. Rubber ring docking produces highly variable levels of pain within the first hour after application.\textsuperscript{5,12,17} Pain is typically estimated to be mild\textsuperscript{18} or moderate based on abnormal postures and behaviors indicating discomfort.\textsuperscript{12,13} This suggests that some band placements are more painful than others. For example positioning a band on the vertebra might be expected to be more painful than positioning one over an intervertebral space.\textsuperscript{5} Cortisol concentrations in blood may also be elevated.\textsuperscript{12} The ring subsequently produces an inflammatory lesion and sloughing of the tail (most slough by 28 days after rubber ring placement\textsuperscript{15}), which may be associated with a longer term pain response. Docking with a rubber ring, however, does not typically affect live weight gain.\textsuperscript{19}

**Hot blade**—The hot blade method involves severing the tail and cauterizing it, using a heated anvil scissor docking iron. The cut end of the tail is held against the heated blade for approximately 1 second to improve hemostasis.\textsuperscript{3} Tail docking performed with a heated docking iron has been shown to produce levels of pain behavior and blood cortisol concentrations that are not significantly different from handled lambs whose tails are not docked.\textsuperscript{3}

**Rubber ring followed by crushing**—A rubber ring may also be applied as described above followed by application of a bloodless castrator across the full width of the tail for approximately 10 seconds.\textsuperscript{2,3} The rubber ring generally rolls into the groove made by the bloodless castrator.\textsuperscript{2} It has been shown that the application of a bloodless castrator in addition to rubber ring placement did reduce active behavioral pain responses (see section on pain above) and increases in blood cortisol concentrations associated with docking.\textsuperscript{2}

**Analgesia**

Oral aspirin was not found to be an effective analgesic when administered immediately after application of rubber rings.\textsuperscript{13} Another study found that neither suckled sucrose nor administration of carprofen altered behaviors indicating discomfort (e.g. restlessness, vocalization, tail wagging, etc.) associated with rubber ring tail docking.\textsuperscript{20} One research group found that 2% lignocaine applied locally reduced peak blood cortisol concentrations and behavioral pain responses (see pain section above) to tail docking with a rubber ring.\textsuperscript{2} Bupivacaine administered subcutaneously immediately before rubber ring application has also been effective in reducing active painful behavior and peak blood cortisol concentrations.\textsuperscript{3}

This peer-reviewed summary has been prepared by the American Veterinary Medical Association Animal Welfare Division. While principally a review of the scientific literature, it may also include information gleaned from proprietary data, legislative and regulatory review, market conditions, and scholarly ethical assessments. It is provided as information and its contents should not be construed as official AVMA policy. Mention of trade names, products, commercial practices or organizations does not imply endorsement by the American Veterinary Medical Association.

© American Veterinary Medical Association
**ALTERNATIVES**
Genes associated with short tails exist in sheep and offer a potential alternative to docking, via selective breeding toward a tail of the desired length.\(^1\) Fly strike might also be managed in some cases by removal of fleece (i.e. crutching) and increased application of chemical preventatives (i.e. jetting). However the use of a slow release capsule of a benzamidizole (albendazole) was not found to be as effective as docking in preventing flystrike.\(^1\)

**SUMMARY**
Fly strike is a cause of serious suffering in lambs. Subjective monitoring of behavioral responses and objective monitoring of cortisol concentrations in blood indicate there is pain and distress associated with tail docking, no matter the technique used. Short-docked tails have been associated with increased incidence of rectal prolapse in some studies. Though there is pain associated with tail docking, fly strike can lead to discomfort, pain and eventually death of the lamb.

The Farm Animal Welfare Council (FAWC) recommends that docking should be avoided whenever possible.\(^2\) The FAWC also concluded that tail docking of lambs up to 7 days old is best done with a rubber ring; that lambs between the ages of 1 and 8 weeks old should be docked with a docking iron (hot blade) or a clamp; and that acute pain of tail docking can be alleviated using locally applied anesthetics.\(^18\)

**REFERENCES**


This peer-reviewed summary has been prepared by the American Veterinary Medical Association Animal Welfare Division. While principally a review of the scientific literature, it may also include information gleaned from proprietary data, legislative and regulatory review, market conditions, and scholarly ethical assessments. It is provided as information and its contents should not be construed as official AVMA policy. Mention of trade names, products, commercial practices or organizations does not imply endorsement by the American Veterinary Medical Association.

© American Veterinary Medical Association