**SAVMA Wellness Committee**

**AAVMC Veterinary Health & Wellness Summit Grant**

Each year, the Association of American Veterinary Medical Colleges (AAVMC) holds a national summit for veterinary students, veterinarians, counselors, and other professionals in the veterinary industry to gather together & discuss the prevalence of stress, anxiety, and depression in the veterinary profession. The purpose of this summit is to use multiple perspectives to identify early intervention strategies, and develop wellness initiatives that will enhance student, faculty, and practitioner well- being.

The SAVMA Wellness Committee will sponsor the attendance of veterinary students to the 2016 AAVMC Wellness Summit in Fort Collins, CO, held November 4th-6th, 2016, by awarding two, $1000.00USD travel grants. These students should demonstrate an interest in the topic of wellness. They should also express the ways in which summit attendance will help to develop initiatives to enhance their personal wellbeing as well as that of their respective college of veterinary medicine.

**Application Deadline: September 15th**

**2016 AAVMC Health & Wellness Summit Application:**

*Answer the following questions & submit application and resume to* *savmawellness@gmail.*com *no later than 11:59 PM PST on September 15, 2016.*

**Date:**

**Full Name:**

**SAVMA ID:**

**College of Veterinary Medicine (CVM)**:

**Describe your involvement in any leadership positions promoting wellness at your CVM. (250 words or less):**

**Explain your goals for attending AAVMC’s 2016 Health & Wellness Summit. Please include how your attendance at the Wellness Summit will benefit the students at your veterinary college. (250 words or less):**

*Winners of the grant are required to submit a brief reflection article on their experience at AAVMC’s Wellness Summit to SAVMA’s Vet Gazette. Applicants are also required to submit all receipts of travel within one month of the summit to* *savmawellness@gmail.com**. Failure to complete the above requirements will constitute a full refund of awarded funds from the SAVMA. For specific questions regarding the summit, please visit veterinarywellness.colostate.edu or contact* *laurie.fonken@colostate.edu**.*